

afā







welcome to ara

Experience balance, harmony, and relaxation with our transformative massage and skin care treatments. Personalize your manicure or pedicure with a selection of tantalizing aromas to stimulate your senses. Energize your body and soul with an invigorating scrub.

Take to the waters with our 'splash at ara' hydro-experience, offering steam, sauna and hydro-pool to stimulate circulation and provide relief from muscle tension.

\$30 daily usage fee to indulge in ara's hydro-experience. Fee waived if a spa service is received.

massage therapy

massage fusion
aroma fusion
hot rocks
suite life
dream weaver

skin care

ara signature
about face
fresh 'n clean
sensitivity training
age defiance
skin defense for men

ara rituals

pure bliss
turkish delight
the big muddy

body scrubs

bamboo gingergrass
lemon coffee blossom olive stone
citrus lavender salt

nail therapy

pure feet
pure hands

hair removal

a variety of waxing services are available for both men and women

hair care

styling
cutting
color and highlighting
deep conditioning treatment



massage therapy

massage fusion 60/90 min

Our talented therapists utilize a multitude of skills to create a customized massage experience that dissolves stress, tames tension, and re-energizes your body. Whether you're in need of some soul soothing or seek a deeper focus, we'll create a massage experience just for you.

aroma fusion 60/90 min

Select from an array of botanical blends to create your own unique scent-sory experience that begins with a stimulating body brushing followed by a tailored massage.

fresh	soothe. refresh. clean.
oolong	energy. reflection. balance.
earth	grounding. crisp. peaceful.
sun	warmth. comfort. calming.
mandarin	awakening. vibrant. inspiration.
ore	euphoric. stimulating. happiness.

hot rocks 60/90 min

Heated stones used in your massage provide deeper, longer lasting relief from muscle tension.

dream weaver 30 min

Find peace of mind with this deeply relaxing, meditative experience. A gentle stream of warmed oil flows over your forehead and nourishes your hair while you enjoy a soothing scalp massage. For extra bliss, add to any of our spa treatments.

suite life 60/90 min

Enjoy your massage experience in the comfort of your guest room.

upgrade your massage

Upgrade your massage with the luxury of a paraffin wrap. Warm, melted wax soothes painful joints and leaves skin soft and hydrated. Available for your hands, feet, or both.

splash at ara

Our steam, sauna, and hydro-pool circuit stimulates circulation and provides deep muscle relaxation. Enjoy pre- or post-treatment.

shower rinse away the day's stress
3 min

steam purify your mind and body
5–10 min

shock take the plunge in the cold shower
1 min

sweat feel the heat in the dry sauna
5-10 min

shiver take a refreshing cold shower
1 min

submerge relax in the whirlpool
10–15 min

shower conclude with a warm shower

body therapy

Our body scrubs and ara rituals are performed under an invigorating rain shower which cleanses your skin, stimulates your energy centers, and washes away stress and muscle tension.

scrub bar 30 min
Grit 'n bare it for smooth, glowing skin! Choose a tempting scrub and we'll pair it with a delightful body wash and moisturizer.

bamboo gingergrass

lemon coffee blossom olive stone

citrus lavender salt

ara soaks

A great way to unwind before or after any spa service, soaking in a whirlpool of aromatic, mineral rich waters washes away stress, rejuvenates the skin, and provides the rest and relaxation you deserve.

refresh linden, lemon, mint, coriander

uplift orange, ginger, grapefruit, lemon

awaken sage, mint, copper, chlorophyll

purify neroli, jasmine, bergamot, sea salt, clay

ara rituals

pure bliss 90 min, with soak 120 min
Inspired by Japanese bathing rituals, this five-part treatment utilizes minerals, flowers, and fruit essence to stimulate your body's energy centers and leave your skin fragrant and radiant. Enjoy a purifying yuzu mimosa sea algae wash, deeply scrubbed with ohana bamboo gingergrass, polished with wild cherry blossom rice, misted with rose and plum, and hydrated with wild lime silk oil. Add a mineral rich soak featuring hinoki, mint, chlorophyll and copper to reduce tension, remove impurities, and restore your skin.

turkish delight 90 min, with soak 120 min
Emerge illuminated and relaxed with this sensual, detoxifying body ritual based on skin care practices in Turkish bathhouses. Be cleansed with Moroccan mint tea salt, scrubbed with lemon coffee blossom olive stone, polished with jasmine rose clay, misted with orange quince, and enriched with tangerine fig butter crème. Add a restorative soak laden with an aromatic blend of neroli, jasmine, and grapefruit plus Dead Sea salts and minerals to rejuvenate the mind and body and purify the skin.

the big muddy 60 min

Our marine mud treatment restores your body with rich marine minerals, sea algae, and purified seawater. Be balanced with a synergistic essential oil blend, purified with a stimulating salt scrub, nourished with a marine mud mask, and moisturized with an antioxidant body cream.

skin care

ara signature 90 min

Our premier facial experience features an in-depth cleansing regimen, green papaya enzyme peel for uncovering a youthful glow, golden hydration mask to nourish the skin and lock in moisture, and an invigorating treatment for the hands and feet. The highlight of this exquisite skin care treatment is a relaxing face massage utilizing jade stones to instill harmony and balance.

about face 60 min

Unsure of what your skin needs? Our skin care specialists will hand-tailor an appropriate course of treatment that tackles your most complex skin care challenges to reveal fresh, radiant skin.

fresh 'n clean 60 min

Fresh botanicals clarify and balance blemish prone or oily skin without harsh chemical ingredients allowing your skin to repair itself... naturally.

sensitivity training 60 min

Say goodbye to redness and irritation and train your skin to behave itself with this specialized facial, featuring gentle ingredients to soothe inflammation and calm the skin.

age-defiance 60 min

Seeking a syringe to fight the signs of aging? Opt for our "beyond botox" skin care solution featuring ingredients with sophisticated age control technology to lift, refine, and rejuvenate complexions affected by environmental conditions and aging.

skin defense for men 60 min

Our targeted treatment for men eases irritation conditions and protects the skin for a healthier complexion.

upgrade your skin care

paraffin wrap

Upgrade your skincare session with the luxury of a paraffin wrap. Warm, melted wax soothes painful joints and leaves skin soft and hydrated. Available for your hands, feet, or both.

quick peel 15 min

Brighten and refine your skin with our advanced natural enzyme peel featuring papaya and pineapple that polish your skin to perfection.

hand renewal 25 min

Our skin polishing enzyme peel is followed by a warm paraffin immersion and anti-aging cream to brighten, retexture, and nourish your hands.

hand & foot therapy

Indulge yourself with a manicure or pedicure. This luxurious treatment includes a sophisticated soak, clipping, shaping, buffing, and polish. Make this relaxing treat even more special by asking for our signature pure spa, which adds a toning salt scrub, moisturizing paraffin wrap and relaxing foot massage.

feet

pure pedicure 30 min

pure spa pedicure 50 min

Create a personalized pedicure from an array of intoxicating scents to stimulate your senses.

hands

pure manicure 30 min

pure spa manicure 40 min

Surround yourself with a blend of sophisticated scents in a manicure designed by you.

french/polish change 15 min

hair removal

A variety of waxing services are available for both men and women.

hair care

styling

women's cut

men's cut

blow out

shampoo and blow out

up-do and styling

color

color

full highlights

partial highlights

hair therapy upgrades

deep conditioning treatment

Restore balance and shine stressed hair with a nourishing scalp oil, hair mask, and stimulating scalp massage.

paraffin wrap

An ideal enhancement to your shampoo, cut, or color. Treat your hands and feet with warm, nourishing paraffin replenishing your skin and soothing achy joints.

spa boutique

Keep the spa vibe going at home with an assortment of spa products from our boutique.

b.kamins

astara

zents

ara signature products

red flower

home scent solutions

**eye pillows by mette vangso,
san francisco**

experiences

focus

Enjoy the luxury in half the time.

30 minute massage

30 minute facial

60 minute total focus

30 min massage followed by a 30 min facial with simultaneous pure manicure

indulge

Go ahead. You deserve it. Let our spa hosts assist you in creating your personal spa day or select one of our signature services. You'll be immersed in luxury as we indulge you from head to toe and provide you with a generous spa gift to continue the spa vibe.

luxe allow 5 hours

ara ritual + ara signature skin care + pure spa manicure + pure spa pedicure

heaven 3.5 hours

scrub bar + massage fusion + skin care treatment + pure spa manicure

bliss 2.5 hours

scrub bar + aroma fusion + pure spa pedicure

gather

Ideal for celebrations or a girlfriend getaway, ara is the perfect place to make it a spa day! Whether you choose to have a pedicure party, massage and facial duo, or splurge on a full day of treatments, our spa hosts can create a customized schedule of treatments to meet any budget.



etiquette

arrival

We suggest arriving 30-60 minutes prior to your treatment so that you may enjoy your experience in its entirety. Our locker room amenities include a hydro-pool, sauna and steam rooms for you to enjoy prior to or after your spa treatments. Arriving late may limit your treatment time so that our next guest is not delayed.

safety

When reserving your spa services please notify the spa receptionist if you have any medical conditions that may be affected by our services. These include allergies, high blood pressure, or physical ailments. Please tell us if you are pregnant so that we may provide you with the proper guidance, care, and comfort you need.

comfort

For your comfort during your experience, we provide a robe, slippers, and a locker for your personal belongings. Our therapists use professional draping techniques to ensure your privacy at all times, only exposing the area to be worked upon. While most spa treatments are best enjoyed without clothing, every step is taken to ensure discretion.

respect

We request that cell phones and personal communication devices be turned off while in the spa so that you and our guests may experience a relaxing spa environment.

courtesy

If you must reschedule or cancel your services please notify us four hours prior to your scheduled appointment to avoid being charged the full value of your services. Spa packages require a 24 hour notice. A credit card is required at the time of booking.

satisfaction

The decision to extend a gratuity should be the result of a memorable guest experience and left to the discretion of the guest. Gratuities are not included spa services, 20% is a general guideline. On our Total Focus, Indulge, and Gather experiences, a 20% gratuity is included.

giving

Be the one who gives the best gift at the next party or holiday gathering! Spa gift certificates are available in any dollar amount or for a specific service and may also be used towards retail purchases.

usage

Guests under the age of 18 must be accompanied by an adult.



ara fitness

Maintain your balance, energy, and strength in our state-of-the-art fitness studio equipped with free weights, cardio and strength equipment.

cardio

ellipticals
recumbent bike
upright bike
treadmills

Cardiovascular experience
equipment features fully-integrated,
15" personal televisions.

strength

Full-body circuit training to focus on upper
and lower body.

free weights

Free weights are provided for attention to
specific muscles.

usage

All guests under the age of 18 years must be
supervised by an adult.

open 24 hours with hotel key card.

located on the spa level of hotel.

**water and towels are provided for
your convenience.**



menu of services

massage therapy

massage fusion

60 min \$85
90 min \$125

aroma fusion

60 min \$90
90 min \$135

hot rocks

60 min \$95
90 min \$140

dream weaver

30 min \$45

suite life

additional \$20

paraffin wrap upgrade

hands or feet \$15
both \$25

body therapy

splash at ara

\$30 – complimentary with spa treatment

scrub bar w/shower

30 min \$70

ara rituals

ara soaks

30 min \$35

pure bliss

90 min \$165

turkish delight

90 min \$165

the big muddy

60 min \$115

skin care

about face

60 min \$90

ara signature

90 min \$130

fresh 'n clean

60 min \$90

sensitivity training

60 min \$90

age-defiance

60 min \$120

skin defense for men

60 min \$90

paraffin wrap upgrade

hand or feet \$15
both \$25

quick peel upgrade

15 min \$25

hand renewal upgrade

25 min \$35

nail therapy

pure pedicures

30 min \$40

pure spa pedicures

50 min \$65

pure manicures

40 min \$45

pure spa manicures

30 min \$25

paraffin wrap

hands or feet \$15
hands and feet \$25

french polish add \$5

polish change \$10

hair removal

back

\$40

chest

\$55

half leg

\$35

full leg

\$60

half arm

\$25

chin, lip

\$15

eyebrow shaping

\$15+

underarm

\$30

bikini

\$55+

hair care

styling

women's cut \$45+

men's cut \$35+

blow out \$45+

shampoo and blow out \$55+

up do and styling \$55+

color

color \$65+

full highlights \$100+

partial highlights \$75+

deep conditioning treatment

add \$45

paraffin wrap

hands add \$15

experiences

focus massage

30 min \$50

focus facial

30 min \$55

total focus

60 min \$125

indulge

prices vary

gather

prices vary

Prices are subject to change

Call extension 4300 or visit us
on the 9th floor of hotel.



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